

# GLOW

## FRESH GRILL AND WINE BAR



Rose Reisman is Canada's "go to" nutrition and wellness expert.

A Registered Nutritional Consultant from the Canadian School of Natural Nutrition

Author of over 16 best-selling recipe books on nutrition and wellness

Editor in Chief of *Fit Parent* magazine

Winner of the Cuisine Canada Silver Culinary Book Award in 2005

Recipient of the Outstanding Public Contribution Award from the Schulich School of Business at York University

Earnst and Young Entrepreneur of the Year Nominee

"Breakfast for Learning" National Spokesperson

WE CORDIALLY INVITE YOU  
TO LUNCH WITH

## *Rose Reisman*

*of GLOW Fresh Grill and Wine Bar*

Join Rose for lunch at her recently launched California style fresh grill and wine bar... Tour the restaurant, taste some delicious and invigorating recipes, and discover the fresh and rejuvenating philosophy behind *Glow*.

### **LOCATION**

GLOW Fresh Grill and Wine Bar

### **ADDRESS**

Shops at Don Mills  
7 Marie Labatte Road, Unit #E1  
Toronto, ON M3C 0J1

### **DATES AVAILABLE**

November 4, 11, 12, 18, and 19  
12:00pm - 2:00pm

### **RSVP TO**

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